### <sup>2024</sup> Sustainable Gift Guide

Camryn Byer - Nutritionist and Wellness Mom



Unwrap the joy of giving this year with my *sustainable* holiday gift guide. Find ethically made *clothing*, sustainable kids *toys*, clean *beauty* essentials, and non-toxic *cookware*.

Camryn & Byer

# A few things to remember ...

The purpose for this gift guide is to **inspire** you to rethink your holiday shopping habits and encourage you to make a **positive impact** through giftgiving. I want to help you choose gifts that are both **thoughtful** and **environmentally friendly**.



Camryn Byer endorses products & brands she genuinely loves and supports. If you make a purchase through one of our affiliate links, it will be at no additional cost to you but our family may earn a small commission.

Learn more at <u>https://www.camrynbyer.com/disclaimer-and-privacy</u>

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# FOR THE KITCHEN

#### HOLIDAY GIFT GUIDE



The kitchen is where I spend most of my time these days. Nontoxic cookware makes for a thoughtful and practical gift. Choose items made from materials like stainless steel, cast iron, or ceramic that are free from harmful chemicals. Imagine gifting a beautiful set of non-toxic pans, a dutch oven, or a stylish baking dish. Not only will your loved ones appreciate the gift, but they'll also be inspired to cook healthier meals for themselves and their families!

Camryn 🗱 Byer

### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE KITCHEN





Le Creuset Dutch Oven

02



Nutrimill Harvest Grain Mill



06



Our Place 20 Piece Dinnerware Set

04



Dry Farm Organic Wines



360 Cookware Stainless Steel Slow Cooker



Quince Italian Olivewood Utensil Set



Smeg 50's Retro Stand Mixer



Handcrafted Wooden Serving Bowl

09



Smithey Ironware Farmhouse Skillet

# HOLIDAY GIFT GUIDE for the kitchen

#### 0 1 Le Creuset Cast Iron Dutch Oven

Made with a cast iron core, Le Creuset Dutch Ovens retain and distribute heat evenly, making it great for slow-cooking and braising. <u>Get It Here</u>

#### 0 2 Nutrimill Harvest Grain Mill

The NutriMill Harvest was designed for daily use in your home. Quickly and easily mill all non-oily grains, beans, and legumes. Shaped from bamboo the Harvest is elegant all while being eco-friendly and sustainable. <u>Get It Here</u>

#### 0 3 Our Place 20 Piece Dinnerware Set

Premium ceramic stoneware made from the earth. This set covers all your needs from breakfast to midnight snacks. Design with plates that act as lids on bowls and bowls that nest into plates for endless versatility. **Get It Here** 

#### 0 4 Dry Farm Organic Wines

Dry Farm Wines are organic, sugar free, lower in alcohol & sulfites, lab tested for purity. Cultivated by artisans, born from Nature, guided by history. Taste the art of over 800 organic wine growers, curated from Europe for an exquisite experience. **<u>Get It Here</u>** 

#### 0 5 Quince Italian Olivewood Utensil Set

*This four-piece Olivewood Utensil Set adds style and function to your kitchen. Crafted from Italian olivewood, these naturally non-toxic utensils are gentle enough to use on any cookware surface while their unique wood grain also makes them a sophisticated way to serve a meal.* **Get It Here** 

#### 0 6 Handcrafted Wooden Serving Bowl

*Combine functionality with expert craftsmanship. Produced by a 4th generation family owned business, the makers of these bowls take pride in quality and the tradition of American-made bowls from sustainably harvested hardwoods.* **Get It Here** 

#### 07 360 Cookware Stainless Steel Slow Cooker Set

American-made stainless steel cookware that revolutionizes your cooking for superior performance, healthier meals, and a lifetime of culinary excellence. <u>Get It Here</u>

#### 08 Smeg 50's Retro Stand Mixer

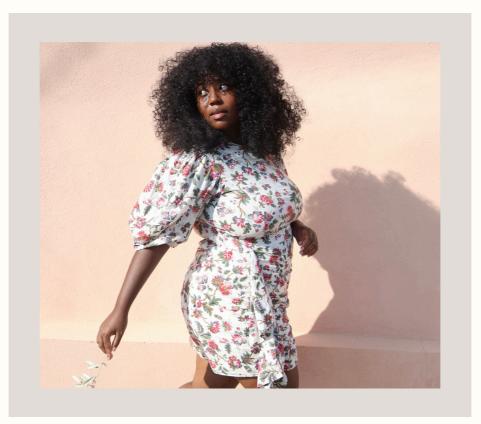
*Elegant, functional and eclectic retro stand mixer that can assist you in every culinary adventure.* **<u>Get It Here</u>** 

#### 09 Smithey Ironware Farmhouse Skillet

*Elegant, functional and eclectic retro stand mixer that can assist you in every culinary adventure.* **<u>Get It Here</u>**  Camryn Byer - Nutritionist and Wellness Mom

# FOR THE ETHICAL FASHION LOVERS

#### HOLIDAY GIFT GUIDE



Consider gifting pieces from brands that prioritize fair labor practices and *sustainable* materials. Look for pieces made from *organic* cotton or *recycled* fibers. Not only will your loved ones look great, but they'll also feel good knowing their gift supports ethical fashion.

Camryn 🗱 Byer

### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE ETHICAL FASHION LOVERS



Christy Dawn Regenerative Dresses

04



Jenni Kayne Wide Brim Hat



Brilliant Earth Eco-Friendly Jewelry



Agapée Handmade Gold Jewelry



Mate The Label Organic Activewear



Indigo Luna Eco-Conscious Women's Clothing



Caruimia Sustainable Sneakers



Jenni Kayne Crescent Shoulder Bag



## HOLIDAY GIFT GUIDE FOR THE ETHICAL FASHION LOVERS

#### 0 1 Christy Dawn Regenerative Ethical Dresses

One of my favorite sustainable brands is Christy Dawn because they create regenerative, ethical, & timeless dresses. Save with my code CDCAMRYN15 - <u>Get It Here</u>

#### 02 Agapée Handmade Gold Jewelry

*Gold-plated jewelry is as kind to the skin as it is to our Earth. Handmade & eco-friendly at affordable prices* **<u>Get It Here</u>** 

03 Caruimia Sustainable Sneakers

*These sustainable sneakers from Cariuma feel crazy comfortable & are made from organic canvas, leather, & suede. Get It Here* 

04 Jenni Kayne Wide Raffia Brim Hat

*Perfect for full sun protection and is an essential for beach days, poolside moments, and everything in between.* **<u>Get It Here</u>** 

0 5 Mate The Label Organic Activewear

Clean Essentials made with Organic, natural, and non-toxic materials. Get It Here

0 6 Jenni Kayne Crescent Shoulder Bag

Handmade in Italy from buttery soft lambskin and perfectly sized to fit the essentials. Get It Here

07 Brilliant Earth Eco-Friendly Jewelry

*Brilliant Earth creates ethically sourced fine jewelry. Explore engagement rings, wedding rings, and more.* **<u>Get It Here</u>** 

08 Indigo Luna Eco-Conscious Women's Clothing

Indigo Luna is a small brand, dedicated to thoughtful slow fashion. They create clothing that fits the women's body at every stage. <u>Get It Here</u>

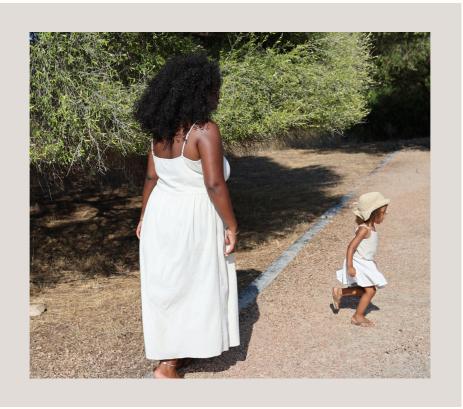
0 9 Vuori Clothing Made From Recycled Materials

Vuori creates athletic and performance apparel inspired by a coastal California lifestyle. Get It Here

Camryn Byer - Nutritionist and Wellness Mom

# FOR THE SLOW LIVING ENTHUSIASTS

#### HOLIDAY GIFT GUIDE



*Slow living* is all about enjoying the little moments, and what better way to encourage that than with some thoughtful gifts? Consider items like organic cotton blankets, handmade pottery, or even a subscription to an ethical flower box. These gifts are great for showing someone that the slow lifestyle values *quality over quantity*.

Camryn 🗱 Byer

### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE SLOW LIVING ENTHUSIASTS



01

Jenni Kayne Pacific Mug

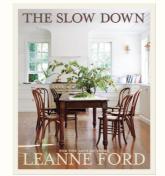


Living Libations Ultrasonic Aromatherapy Diffuser



The Classic Shift by Komuso Design

02



The Slow Down: For the Love of Home by Leanne Ford

05



HigherDOSE Serotonin Soak Salt



03



Living Libations Classic Mini Best Sellers

06



Rishi Organic Botanical Tea

09



Spiral Decomposition Eco-Friendly Notebook

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# HOLIDAY GIFT GUIDE FOR THE SLOW LIVING ENTHUSIASTS

#### 01 Jenni Kayne Pacific Mug

*This mug is perfect for everyday use. It's made in Portugal and kiln-fired at high temperatures to ensure maximum durability.* **<u>Get It Here</u>** 

#### 0.2 The Slow Down: For the Love of Home by Leanne Ford

A great book on creating a slow home. Leanne encourages readers to slow down in their personal environments and celebrate the beauty of everyday moments. **<u>Get It Here</u>** 

#### 0.3 Living Librions Classic Mini Best Sellers

This luxurious kit includes four of their best-selling products - Rose Glow Crème, Open Sky Eye Serum, Lavish Abundance Petal Perfume, Petal Underarm Charm Creme Deodorant, and a bonus Seabuckthorn Best Skin Ever Tiny Traveler. Save 10% and <u>Get It Here</u>

#### 0 4 Living Librations Ultrasonic Aromatherapy Diffuser

*This water free, dry air diffuser nebulizes an ultrasonic mist of essential oils that envelops the air with beautiful botanicals uplifting any room. Save 10% and <u>Get It Here</u>* 

#### 0 5 HigherDOSE Serotonin Soak Salt

Uniquely formulated with Magnesium Zechstein Flakes, this powerful bath soak relaxes your mind, boosts your mood, and recalibrates your system. **<u>Get It Here</u>** 

#### 0 6 Rishi Organic Botanical Tea

*Organic premium teas that are ethically sourced directly from artisan tea and botanical farmers around the world.* **<u>Get It Here</u>** 

#### 0.7 The Classic Shift by Komuso Design

*The Classic Shift is the original breathing necklace that uses an ancient breathing technique to calm the mind and body.* **<u>Get It Here</u>** 

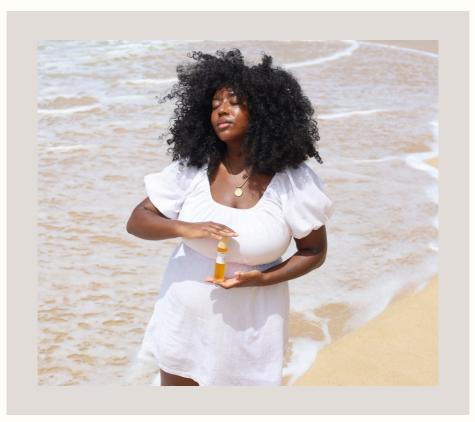
#### 08 Coyuchi Women's Organic Robe

Pure organic cotton that is gentle on your skin, breathable, and naturally hypoallergenic. Get It Here

#### 09 Spiral Decomposition Eco-Friendly Notebook

*Classic design, sustainable materials. This notebook is made from 100% post-consumer recycled paper that is recyclable at the end of its life.* **<u>Get It Here</u>** 

### Camryn Byer - Nutritionist and Wellness Mom FOR THE CLEAN BEAUTY LOVERS HOLIDAY GIFT GUIDE



Let's pamper our friends and family with my favorite clean beauty essentials. This holiday season, opt for *organic skincare* and makeup products that are free from toxic ingredients and packaged sustainably. Look for brands that use *wildcrafted natural ingredients*. A luxurious organic face mask or a *nourishing* tallow body butter can be the perfect way to show someone you care about their well-being. Plus, it's a great way to introduce them to a *healthier beauty* routine!

Camryn 🗱 Byer

### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE CLEAN BEAUTY LOVERS



Living Libations Best Skin Evers

04

01



Osea Plant-Based Body Brush

07



Regenerative Hemp Serum

02



Koala Eco Natural Body Wash

### 05



Seabuckthorn Shampoo and Shine On Hair Conditioner

08



Esker Beauty Body Plane Tool

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### 03



Primally Pure Almond + Vanilla Tallow Butter

06



Living Libations Quartz Gua Sha

09



Living Libations Rose Glow Serum



# HOLIDAY GIFT GUIDE FOR THE CLEAN BEAUTY LOVERS

#### 0 1 Living Libations Best Skin Evers

*Living Libations Best Skin Evers are luxurious botanical blends that cleanse, moisturize, and nourish, bringing harmony to all skin types with grace. Find out which one might be the best for you.* **<u>Get It Here</u>** 

#### 02 Koala Eco Natural Body Wash

*Safe, powerful, plant-based products for a clean home, body and mind. Koala Eco products are kind to your family and the environment.* **<u>Get It Here</u>** 

#### 0 3 Primally Pure Almond + Vanilla Tallow Butter

100% natural and toxin-free, Primally Pure skincare products support radiant skin, a healthy body + a happy self. **<u>Get It Here</u>** 

#### 04 Osea Plant-Based Body Brush

*Sweep away dead skin and awaken your senses. Prep skin for optimal hydration with plant-based sisal fibers that exfoliate away roughness.* **<u>Get It Here</u>** 

#### 0.5 Seabuckthorn Shampoo and Shine On Hair Conditioner

This Seabuckthorn Shampoo brings out the best in all hair types without the chemical suds! Shine On Hair Conditioner continues the botanic blessings for a healthy, happy mane. <u>Get It Here</u>

#### 0 6 Living Libations Quartz Gua Sha

*Living Libations calmative Classic Quartz Gua Sha stone has all the right curves to smooth, sculpt, and uplift every face and body shape.* **<u>Get It Here</u>** 

#### 07 Regenerative Hemp Serum

One of nature's best kept secrets, regeneratively grown hemp flowers offer a holistic approach to skin healing. <u>Get It Here</u>

#### 08 Esker Beauty Body Plane

*Get the smoothest skin of your life with Esker's Body Plane, an in-house-designed body exfoliator tool.* **<u>Get It Here</u>** 

0 9 Living Libations Rose Glow Serum

This silky smooth face serum creates a radiant, dewy glow that restores, adores and harmonizes every face adorned by its grace. <u>Get It Here</u>

Camryn Byer - Nutritionist and Wellness Mom

# FOR THE NEW PARENTS

#### HOLIDAY GIFT GUIDE



Need help finding some amazing gifts for new parents? Think about items that are not only *practical* but also *eco-friendly*. How about beautifully crafted organic cotton baby blankets or baby carriers? It's soft, safe, and perfect for snuggling! Or consider a set of wooden toys made from *sustainably* sourced materials. They're durable, timeless, and free from harmful chemicals. These baby gifts show you care about both the little one and the *planet*!



### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE NEW PARENTS

02



Artipoppe Zeitgeist Baby Carrier

04
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		FOR EVERYONE	
earth matha Belly Oil Marsa ( Constant)	Sector and a Constant	earth marma GINGEF FRESH Deodorant O Samuel (Sp)	eath Belly Batter Tananas Tananas Concernanas Concernanas Concernanas

Earth Mama Organics Mama Bundle



Babyletto X Gathre Baby Bassinet



Earth Mama Organics Baby Bundle

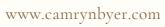


Naturepedic Organic Crib Mattress

08



Babyletto Kiwi Glider Recliner





Babyletto 4-in-1 Convertible Baby Crib

06



Makemake Organics Baby Blanket



Snuggle Me Organic Baby Lounger

# HOLIDAY GIFT GUIDE FOR THE CLEAN BEAUTY LOVERS

#### 01 Artipoppe Zeitgeist Baby Carrier

*Artipoppe baby carriers unite aesthetics and comfort.The Zeitgeist baby carrier is an adjustable, buckled carrier with cross-back straps that can be worn in three ergonomic positions.* **<u>Get It Here</u>** 

#### 0 2 Earth Mama Organics Baby Bundle

An organic gift that's almost as sweet as a brand new baby. 5-piece, cruelty-free, travel-size set. Organic diaper balm, sweet orange baby lotion, castile baby wash, baby face nose & cheek balm. <u>**Get It Here**</u>

#### 0 3 Babyletto 4-in-1 Convertible Baby Crib

*Consciously crafted and designed for a healthy home and nursery. Converts from crib to toddler bed and daybed with included conversion kit.* **<u>Get It Here</u>** 

#### 04 Earth Mama Organics Mama Bundle

*Treat an expectant mom to be with a little gift set filled with care essentials to pamper her. Ginger fresh deodorant, castile body wash, belly butter, minted herbal lip balm, and belly oil.* **<u>Get It Here</u>** 

#### 0 5 Naturepedic Organic Crib Mattress

The Classic features a wipe-clean waterproof surface made from sugarcane, layers of GOTS certified organic cotton and extra-firm support. **<u>Get It Here</u>** 

#### 0 6 Makemake Organics Organic Baby Blanket

*Organic, naturally safe, and soft. Each piece is made with organic cotton, free of harsh chemicals.* **<u>Get It Here</u>** 

#### 07 Babyletto X Gathre Baby Bassinet

*This bassinet is upholstered with buttery-soft, tan vegan leather that's wipeable and waterproof for easy cleaning.* **<u>Get It Here</u>** 

#### 08 Babyletto Kiwi Glider Recliner

*The Kiwi Glider Recliner by Babyletto is upholstered by hand in Babyletto's eco-performance fabric, that is water repellent, and made with at least 30% recycled yarn.* **<u>Get It Here</u>** 

#### 0 9 Snuggle Me Organic Baby Lounger

For babies 0-9 months. The Snuggle Me is uniquely designed to hug your baby's body and create a cozy space to play. <u>Get It Here</u>

Camryn Byer - Nutritionist and Wellness Mom

# FOR THE BEACH LOVERS

#### HOLIDAY GIFT GUIDE



Time to hit the beach! If you have a friend or family member who loves the *sun and surf*, consider gifting them *sustainable* beach items. Think *wildcrafted* sun tanning oil, *reusable* beach bags made from *recycled* materials, beach umbrellas, kids beach toys, or *reef safe* sunscreen. These gifts will not only enhance any beach experience but also help protect our oceans and marine life. It's a win-win!



### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE BEACH LOVERS



Sunday Supply Co Beach Set

04



Slowtide Sustainable Beach Towels



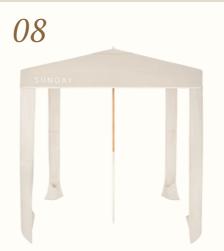
Mesh Beach Bag



Tag Aloha Pareos



Maisonette Silicone Beach Bucket Toys



Sunday Supply Co Beach Cabana



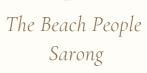


The Beach People Wet Bag



Living Libations Natural Sun Care

09



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# HOLIDAY GIFT GUIDE FOR THE BEACH LOVERS

#### 0 1 Sunday Supply Co Beach Set

*Make the most of your days at the beach in comfort and style with this matching beach umbrella and beach chairs.* **<u>Get It Here</u>** 

#### 0 2 Tag Aloha Pareos

Tag Aloha Co. is a conscious beachwear accessories brand from Kailua, Hawai'i, offering premium quality sustainable pieces. **<u>Get It Here</u>** 

#### 03 The Beach People Wet Bag

*Designed to fit everything you need for the beach , including all the kids' wet toys, beach toys, and towels.* **<u>Get It Here</u>** 

#### 04 Slowtide Beach Towels

Slowtide elevates a daily essential into a functional piece of art. Designed in Hawai'i & California. <u>Get It Here</u>

#### 0 5 Maisonette Silicone Beach Bucket Toys

*This cute silicone beach bucket toy set is perfect for summer beach and pool play or all year round play in the bath.* **<u>Get It Here</u>** 

#### 0 6 Living Libation Natural Sun Care

*Living Libations suncare formulas that harmonize botanicals to extend your outdoor play under the sun.* **<u>Get It Here</u>** 

#### 07 Mesh Beach Bag

The ultimate bag for your beach days. These beach bags are super durable and extra large in size making any sunshine adventure easy. **<u>Get It Here</u>** 

#### 08 Sunday Supply Co Beach Cabana

Designed to provide shade for the whole family, all day long this cabana is a sustainable alternative to your favorite beach shade. **<u>Get It Here</u>** 

#### 0.9 The Beach People Sarong

A chic and timeless seaside accessory that was made for beach days, seaside getaways and poolside adventures. <u>Get It Here</u>

#### Camryn Byer - Nutritionist and Wellness Mom

### FOR THE BED, BATHROOM, AND BEYOND HOLIDAY GIFT GUIDE



Transforming a space can be as simple as adding a few *non-toxic* items. Look for *natural* soy candles, air-purifying plants, or *sustainable* furniture like *organic* mattresses. These gifts not only beautify a home but also create a *healthier living* environment. Anyone will appreciate the thoughtfulness behind each piece!

Camryn 🗱 Byer

### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 THE BED, BATHROOM, AND BEYOND



Medical Grade Water Ionizer

04



Sabai Design Sustainable Furniture





Jolie Showerhead Filter



Full Circle Eco-Friendly Cleaning Tools

05



Dorai Home Stone Bath Mat

08



Odor-Free Kitchen Compost Collector



03



Avocado Green Organic Mattresses

06



The Citizenry Ethical Storage Baskets

09



Koala Eco Natural Cleaning Products

## HOLIDAY GIFT GUIDE THE BED, BATHROOM, AND BEYOND

#### 01 Medical Grade Water Ionizer

*The K8 (Kangen 8) is Enagic's most powerful antioxidant machine - featuring 8 platinum-dipped titanium plates for improved water ionization and increased antioxidant production potential.* **<u>Get It Here</u>** 

#### 0 2 Full Circle Eco-Friendly Cleaning Tools

*Sustainable cleaning tool made from ceramic, recycled plastic, bamboo, plant plastic, plant fiber bristles, 100% organic cotton, walnut shells, cellulose.* **<u>Get It Here</u>** 

#### 03 Avocado Green Organic Mattresses

One of the best organic mattresses that raises the standard for luxury and sustainability. The Avocado Green Mattress features GOLS-certified organic latex, GOTS-certified organic wool and cotton. <u>Get It Here</u>

#### 04 Sabai Design Sustainable Furniture

Sabai Design is closing the loop and combatting furniture waste with innovative earth-friendly solutions. <u>Get It Here</u>

#### 0.5 Dorai Home Stone Bath Mat

*This chic stone bath mat dries instantly under your feet and is designed to instantly remove water, actually helping prevent mold.* **<u>Get It Here</u>** 

#### 0 6 The Citizenry Ethical Storage Baskets

Made of durable hogla leaves, this storage basket brings a natural, organic feel to any space. Designed in a clean, minimal silhouette, it effortlessly blends in modern or traditional homes alike. <u>Get It Here</u>

#### 07 Jolie Showerhead Filter

*Beauty starts with clean water. The Jolie Filtered Showerhead removes chlorine, heavy metals & other contaminants from your shower water to improve your skin, hair and wellbeing.* **<u>Get It Here</u>** 

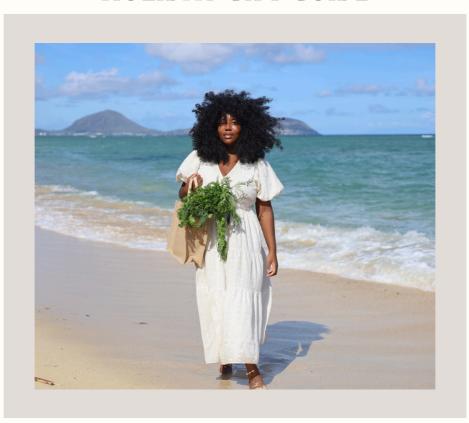
#### 0.8 Odor-Free Kitchen Compost Collector

*More than just a good-looking compost collector. This odor-preventing activated carbon system traps and eliminates unpleasant smells.* **<u>Get It Here</u>** 

#### 0 9 Koala Eco Natural Cleaning Products

*Safe, powerful, plant-based products for a clean home, body and mind. Koala Eco products are kind to your family and the environment.* **<u>Get It Here</u>** 

### Camryn Byer - Nutritionist and Wellness Mom FOR THE WELLNESS ENTHUSIASTS HOLIDAY GIFT GUIDE



Give your loved ones the gift of wellness and self-care! Look for organic *skincare* products, *organic* food delivery subscriptions, hand-poured *soy candles* to create a calming atmosphere, or an *eco-friendly* workout mat that can inspire a *healthy* lifestyle.
These thoughtful gifts promote well-being and show that you care about their health and happiness.

Camryn 🗱 Byer

### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE WELLNESS ENTHUSIASTS



Lumebox Red Light Therapy



Jaspr Air Purifier







Promix Clean Protein Powder

02



Sakara Life Organic Plant Based Meals

#### 05

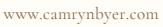


HigherDOSE Infrared Sauna Blanket





Sunlighten One Person Sauna





The Pilates Class Online Platform

06



Vivobarefoot Training Shoes

### 09



Garmin Fitness Tracking Watch

## HOLIDAY GIFT GUIDE FOR THE WELLNESS ENTHUSIASTS

#### 0 1 Lumebox Red Light Therapy

*The LUMEBOX is a safe and healthy red light therapy wellness device for personal at-home and on-the-go use.* **<u>Get It Here</u>** 

#### 0 2 Sakara Life Organic Plant Based Meals

Sakara delivers organic, whole food, plant-rich ready-to-eat meals and functional products right to your doorstep. **<u>Get It Here</u>** 

#### 0 3 The Pilates Class Online Platform

The all-in-one platform for your fitness goals with workouts, recipes, meditations & more. Choose from classic Pilates, HIIT, and Boxing. <u>Sign Up Here</u>

#### 04 Jaspr Air Purifier

Breathe clean air with Jaspr Air and their innovative technology that removes harmful pollutants. Jaspr filters the harmful particles out of your air, so your lungs don't have to. <u>Get It Here</u>

#### 0 5 HigherDOSE Infrared Sauna Blanket

*This portable sauna is designed with layers of naturally healing elements that work to deepen the healing benefits of infrared.* **<u>Get It Here</u>** 

#### 0.6 Vivobarefoot Training Shoes

*Versatile training Vivo, made for moving naturally and growing strong through wide-ranging training disciplines.* **<u>Get It Here</u>** 

#### 07 Promix Clean Protein Powder

*Promix Nutrition makes the cleanest protein powder without gluten, soy, hormones, antibiotics, & GMOs. Science-backed and athlete-approved.* <u>Get It Here</u>

#### 08 Sunlighten Saunas

*Enjoy a deep cellular detox and support overall wellness in the sanctuary of your own personal home sauna.* **<u>Get It Here</u>** 

#### 09 Garmin Fitness Tracking Watch

*Garmin offers fitness and health-tracking products packed with features that provide a holistic view of your health.* **<u>Get It Here</u>** 

### Camryn Byer - Nutritionist and Wellness Mom FOR THE CONSCIOUS ENTREPRENEURS HOLIDAY GIFT GUIDE



Whether you work from home or go into an office, we all know how important it is to stay organized. So why not gift yourself (or someone else) some *ethically made* work goodies? Such as *Blue light blocking* glasses, notebooks made from *recycled* paper, *biodegradable* pens, and even *red light therapy* tools. These gifts are not only practical but also support health and *sustainable* practices. Plus, they'll make your loved ones feel good about their choices every time they work!

Camryn 🗱 Byer

### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE CONSCIOUS ENTREPRENEURS



### HOLIDAY GIFT GUIDE FOR THE CONSCIOUS ENTREPRENEURS

#### 01 Ergonomic Kneeling Chair

*Keep an upright posture, effortlessly and sit correctly. The kneeling ergonomic chair allows you to evenly distribute the weight on your hips and legs.* **<u>Get It Here</u>** 

#### 0 2 Ra Optics Daylight Lenses

*Ra Optics Daylight Lenses are specifically designed to block the most harmful wavelengths of blue light during daytime.* **<u>Get It Here</u>** 

#### 0 3 HigherDOSE Infrared PEMF Mat

*PEMF grounds you in earth's magnetic field for a full-body reset, while Infrared's deeply penetrating heat doubles your dose.* **<u>Get It Here</u>** 

#### 04 Lavender Neck Tension Erasing Wrap

*Tension eraser for stress, aches, and pains. These neck wraps are made with linen and are available in five colors: Clay, Ocean, Olive, Sol and Spruce.* **<u>Get it Here</u>** 

#### 0 5 Vornado Vintage Air Circulator Fan

*Experience quiet cool air or breezy white noise, right at your desk or table.This retro metal design is durable, nostalgic, and long-lasting.* **<u>Get it Here</u>** 

#### 0 6 EMF Harmonizer For Wi-Fi Routers

Neutralizes radiation from Wi-Fi routers & other strong EMF emitters. Better than a blocker, it does not block or alter the EMFs, so the device continues to operate normally. **<u>Get It Here</u>** 

#### 07 Organic Cotton Laptop Sleeve

Made with 14-oz organic cotton canvas and lined with organic cotton fiber for padding and softness, these eco-friendly laptop sleeves. <u>Get It Here</u>

#### 0.8 Air Oasis HEPA Air Purifier

*Medical-grade HEPA filter, carbon filter, bi-polar ionization, germicidal UV LEDs and silver microbial filter for mold, allergens, dust, pollen, dander, smoke, etc. <u>Get It Here</u>* 

#### 09 Onyx+ Green Sustainable Office Supplies

*Onyx and Green is the world leader in ecologically friendly stationery, school, home and office supplies.* **<u>Get It Here</u>** 

Camryn Byer - Nutritionist and Wellness Mom

# FOR THE LITTLES



Let's brighten up the holidays for the little ones with *sustainable kids' toys*! Choose toys made from *natural* materials like wood, organic, or recycled fabrics. Brands that focus on eco-friendly production methods create toys that are safe for kids and the planet. Think about gifting a beautifully crafted wooden puzzle or a soft, *organic cotton* stuffed animal. These gifts not only spark joy but also encourage imaginative play without harmful chemicals!



### SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE LITTLES







Grimm's Wooden Toys

04

01



Wooden Kitchen

& Refrigerator

The Figgy Play Couch



05



Scripture Lunch Box Notes For Kids

08



Lalo Play Table & Chairs

www.camrynbyer.com





Handcrafted Baby Doll Moses Basket

06



Play Smol Water & Sensory Table

# 09



Wooden Fairy Tree House

# HOLIDAY GIFT GUIDE FOR THE LITTLES

#### 01 Classic Wooden Kitchen and Refrigerator

This exquisite handmade hardwood play kitchen and fridge set has everything needed for junior culinary masters to fire up their delicious imaginations. <u>**Get It Here**</u>

#### 02 Grimm's Wooden Toys

These high quality wooden toys will be enjoyed for many years by babies, toddlers and preschoolers, and will be a beautiful object of art for your home for years to come. **<u>Get It Here</u>** 

#### 0 3 Handcrafted Baby Doll Moses Basket

The 100% handmade baby doll basket carrier is the doll furniture you always wanted! Made from sustainable seagrass includes a cotton mattress to keep dolls and teddies snug. <u>**Get It Here**</u>

#### 04 The Figgy Play Couch

This play couch is anything and everything an imagination can create. Build your perfect Figgy! Get It Here

#### 0 5 Scripture Lunch Box Notes for Kids

Short, uplifting Scripture verses are combined with colorful pictures of favorite animals on small coated cards! Parents can write personal notes on the back for encouragement. **<u>Get It Here</u>** 

#### 0 6 Play Smol Water And Sensory Table

*This sea-inspired table is as functional as it is playful, making it the perfect addition to your backyard entertainment.* **<u>Get It Here</u>** 

#### 07 Loog Kid's Guitar

Loog guitars are small, fun and cute, but they are not a toy: they are real instruments, made out of real wood, that project a sweet, beautiful sound. <u>Get It Here</u>

#### 08 Lalo Play Table & Chairs

*A play table and set of play chairs that's sized perfectly for little ones to create, learn, snack and socialize.* **<u>Get It Here</u>** 

#### 09 Wooden Fairy Tree House

*Children will enjoy hours of fun creating a hideaway for fairies, gnomes and other magical creatures, made of natural tree branches and solid wood platforms.* **<u>Get It Here</u>** 

# FOR THE GARDEN

## HOLIDAY GIFT GUIDE



For the green thumbs out there, *eco-friendly* gardening essentials are a perfect choice! Consider gifting a set of *biodegradable* seed pots or a collection of heirloom *organic* seeds. These gifts not only promote *sustainable* gardening practices but also encourage a love for nature. You could also include a compost bin for those who want to take their gardening to the next level. It's a gift that *nurtures* both plants and the environment!



## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE GARDEN



Botanical Interests Organic Seeds

04



Organic Seed Starter For Seed Germination





Modern Sprout Grow Anywhere Growhouse

02





Durable Garden Beds

03

06

09



Essential Garden Seat & Tool Set

Leather

Gardening Gloves

*Muse Portable* 

Outdoor Lamp

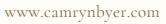
05



Stainless Steel Watering Can



Handcrafted Gardening Basket



## HOLIDAY GIFT GUIDE FOR THE GARDEN

#### 0 1 Botanical Interests Organic Seeds

600 non-gmo seed varieties specially selected for home gardeners, including heirlooms, organics, and open pollinated flowers, vegetables. **<u>Get It Here</u>** 

## 02 Durable Garden Beds

*Highest-quality, longest-lasting metal raised garden beds with the most configuration options, sizes, and colors.* **<u>Get It Here</u>** 

#### 03 Essential Garden Seat & Tool Set

*Green thumbs will really dig our multitasking gardening seat. Featuring a lightweight yet sturdy steel stool, a detachable storage tote and five essential outdoor tools.* **<u>Get It Here</u>** 

#### 04 Organic & Natural Seed Starter for Seed Germination

Organic compost-based soils, enriching mulches, soil supplements and liquid fertilizers are designed to enhance and support healthy soil biology. <u>Get It Here</u>

## 0 5 Stainless Steel Watering Can

Made from stainless steel materials, this plant waterer is built to last; Provides reliable and long-term use for both indoor and outdoor plant care. <u>Get It Here</u>

## 06 Leather Gardening Gloves

100% natural premium pigskin leather gardening gloves ensures wear resistance and puncture resistance, rose pruning gloves keeping your hands safe and blood-free from scratches. <u>Get It Here</u>

## 07 Modern Sprout Grow Anywhere Growhouse

A full-spectrum LED with a built-in timer ensures your plants get just the right amount of TLC, plus there's an app that lets you control all that glow on the go. **<u>Get It Here</u>** 

## 08 Handcrafted Gardening Basket

It's crafted entirely by hand from Amish artisans. It's a mixture of seagrass rope, wood, willow, and reed. <u>Get It Here</u>

## 09 Portable Outdoor Lamp

*The classic lantern aesthetic with ultra-modern technology. Designed to be repaired over time, it features cordless long-life battery, Dim to Warm LED technology and a custom integrated dimmer.* **<u>Get It Here</u>** 

# FOR THE LOVERS

## HOLIDAY GIFT GUIDE



Couples looking to spice things up, let's not forget about non-toxic intimate items! Opt for body-safe silicone pleasure devices, organic cotton sheets or a beautifully crafted, eco-friendly massage oil. My favorite Love Butter is organic lube from Living Libations. These gifts are not only thoughtful but also prioritize health and sustainability.



## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE LOVERS



Living Libations Love Butters

04

01



Natural Latex Condoms

07



Eco-Friendly And Sustainable Lingerie

02



Maude Silicone Intimate Devices

05



Petal Passion Yoni Serum

08



Coconu Organic Personal Lubricant



Sustainable Cork Leather Blindfold

06

03



Body Massage Candles



Living Libations Breast Massage Oil

## HOLIDAY GIFT GUIDE FOR THE LOVERS

#### 0 1 Living Librations Love Butters

This love liniment may be used as a moisturizing massage crème, non-latex lubricant, or as a love-lube to prepare lovers' skin for the closest kind of encounter. **<u>Get It Here</u>** 

## 0 2 Maude Silicone Intimate Devices

*Ergonomic devices made from soft-touch and body-safe silicone, for use solo or with a partner to make intimacy better.* **<u>Get It Here</u>** 

#### 03 Cork Leather Blindfold

*Crafted from high-quality cork, this blindfold offers the same durability and luxe feel as traditional leather but with an environmentally conscious twist.* **<u>Get It Here</u>** 

#### 04 Natural Latex Condoms

Made with 100% natural latex, our ultra-thin, lubricated condoms are designed without harmful chemicals and triple tested for safety. **<u>Get It Here</u>** 

### 0 5 Petal Passion Yoni Serum

Attend to the delicate tissues of your lady garden with the pure, nourishing, and organic oils found in this harmonizing, toning daily serum. **<u>Get It Here</u>** 

## 0 6 Body Massage Candles

Formulated with skin-softening jojoba and soybean oils. This massage candle is designed to be poured onto skin once melted and extinguished. <u>Get It Here</u>

## 07 Eco-Friendly And Sustainable Lingerie

*Fleur du Mal inspires dressing up and undressing with their sustainable yet sensual range of lingerie and clothing.* **<u>Get It Here</u>** 

## 08 Coconu Organic Personal Lubricant

*Coconu's natural, organic lube helps couples increase their capacity for connection, intimacy and pleasure while providing real health benefits.* **<u>Get It Here</u>** 

## 09 Living Libations Breast Massage Oil

Breast Massage Oil is formulated with breast-friendly oils that, when applied with massage, unburden the chest and bestow breast-balance blessed by botanicals. **<u>Get It Here</u>** 

## FOR THE SLOW LIFE INSPIRED READERS

## HOLIDAY GIFT GUIDE

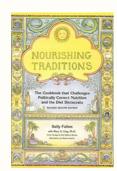


For the *book lovers* in your life, why not give them a subscription to audio books? Each month, they'll receive a credit for their favorite books. Or buy books from a *secondhand* store plus pair that with a stylish book cover made from *recycled materials*, and you've got a thoughtful gift that keeps on giving! If you are a follower of *Yeshua* (Jesus) like me, you can find a nice Bible and spend time deepening your relationship with Him. I've been wanting to try Alabaster Co for a while now. If you try it before me please let me know if you like it!

Camryn 🗱 Byer

## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE SLOW LIFE INSPIRED READERS

## 01



Nourishing Traditions by Sally Fallon

## 04

the first forty days	
The Essential Art of Nourishing the New Mother	
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HENG OU	

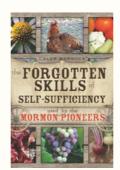
The First Forty Days by Heng Ou





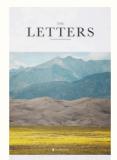
Nourishing Broth by Sally Fallon

02



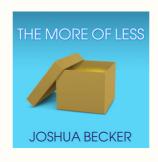
The Forgotten Skills of Self-Sufficiency

05



The Letters by Alabaster Co

## 08



The More of Less by Joshua Becker

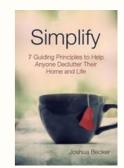
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## 03

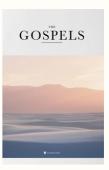


Towards Rest by Alabaster Co

06



Simplify by Joshua Becker



The Gospels by Alabaster Co

## HOLIDAY GIFT GUIDE FOR THE SLOW LIFE INSPIRED READERS

## 0 1 Nourishing Traditions by Sally Fallon

Nourishing Traditions examines where the modern food industry has hurt our nutrition and health through over-processed foods and fears of animal fats. **<u>Get It Here</u>** 

## 0 2 The Forgotten Skills of Self-Sufficiency by Caleb Warnock

*Grow your own food and apply other pioneer knowledge to combat the effects of lost wages, harsh weather, economic recession, and commercial contamination and shortages.* **<u>Get It Here</u>** 

#### 03 Towards Rest by Alabaster Co

*This book explores this question and its qualities for our lives, rhythms, and conventions today. God rests. From the very beginning, rest is marked with sacred significance among all of creation.* **<u>Get It Here</u>** 

#### 0 4 The First Forty Days by Heng Ou

*The first 40 days after the birth of a child offer an essential and fleeting period of rest and recovery for the new mother.* **<u>Get It Here</u>** 

## 0 5 The Letters by Alabaster Co

*Explore a dialogue extended through the ages, inviting us to reflect on our spiritual journey and challenging us to deepen our understanding of God amid trials and tribulations.* **<u>Get It Here</u>** 

### 0 6 Simplify by Joshua Becker

This is a book that calls for the end of living lives seeking and accumulating more and more possessions by highlighting the enjoyment of living with less. <u>Get It Here</u>

## 07 Nourishing Broth by Sally Fallon

Nourishing Traditions examines where the modern food industry has hurt our nutrition and health through over-processed foods and fears of animal fats. <u>Get It Here</u>

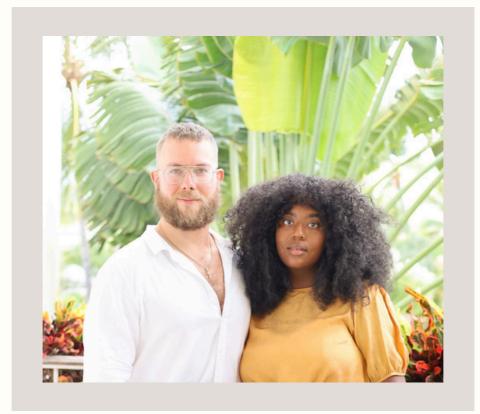
## 0.8 The More of Less by Joshua Becker

It's time to own your possessions instead of letting them own you. After all, the beauty of minimalism isn't in what it takes away. It's in what it gives. **<u>Get It Here</u>** 

## 09 The Gospels by Alabaster Co

The Four Gospels—Matthew, Mark, Luke, and John—in one hardcover book. Experience the life, story, and good news of Jesus in a new way: with visual imagery and thoughtful design. <u>Get It Here</u>

## FOR THE MEN HOLIDAY GIFT GUIDE



*Ethically* made gifts for the special men in your life. Of course the usual ties and socks are great! How about stylish, *eco-friendly* shoes or athletic wear made from *recycled* materials? Or a durable, *sustainable* watch crafted from reclaimed wood? These gifts not only look great but also support artisans and reduce waste.



## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE MEN



Vuori Men's Athletic Clothing

04



Leather Apple Watch



Vuori Performance Mat

02



Hydroflask Insulated Coffee Mugs

05



Non-GMO Creatine For Muscle Building

08



Olukai Men's Sandals



Allbird's Sustainable Shoes

06

03





Organic Cotton Socks



Italian Leather Money-Clip Wallet

## HOLIDAY GIFT GUIDE FOR THE MEN

## 0 1 Vuori Men's Athletic Clothing

*Men's workout clothes from Vuori feature a balance of performance, comfort, and style. Shop our men's apparel, perfect for both fitness and leisure!* **<u>Get It Here</u>** 

## 0 2 Hydroflask Insulated Coffee Mugs

*Splash-resistant, closeable lids and a soft-touch exterior in neutral, goes-with-everything colors. Hot for hours guaranteed.* **<u>Get It Here</u>** 

#### 0 3 Allbird's Sustainable Shoes

Take cold and wet weather in stride with the active shoe that uses natural materials to give you extra grip and keep your feet cozy when the forecast is gloomy. <u>Get It Here</u>

## 0.4 Leather Apple Watch

Hand crafted from the finest top-grain calf leather, this band features sleek saddle stitching and a stainless steel buckle. **<u>Get It Here</u>** 

## 0.5 Non-GMO Creatine For Muscle Building

Whether you are an elite athlete or simply trying to improve your fitness, Promix micronized creatine is the safe, clean, non-GMO creatine supplement. **<u>Get It Here</u>** 

## 0 6 Organic Cotton Socks

Natural materials that are comfy for your feet and the planet. Organic cotton and eucalyptus fiber use less water and reduce the need for fertilizers. **<u>Get It Here</u>** 

## 07 Vuori Performance Mat

A grippy 4mm yoga mat made with natural, non-slip rubber. It is moisture-wicking, making your next savasana even more serene. <u>Get It Here</u>

## 08 Olukai Men's Sandals

*Inspired by the sensation of bare feet walking on wet sand, our footbeds provide immediate comfort and sustained support.* **<u>Get It Here</u>** 

## 09 Italian Leather Money-Clip Wallet

*Four card slots for up to 8 cards. ID pocket. Quick access front slot and internal pocket with elastic pull tab for easy card access.* **<u>Get It Here</u>** 

## FOR THE TRAVELERS

## HOLIDAY GIFT GUIDE



Sustainable traveling items are a must, especially if you are on the go like me! Consider a set of *reusable* travel utensils, an insulated water bottle that keeps drinks hot or cold for hours. These items are perfect for reducing single-use plastics while on the go. An *organic* mini pillow, *red light therapy* tools, and don't forget a travel pouch made from *recycled* fabrics to keep all your essentials organized. Travel *sustainably* and make every journey count!



## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE TRAVELERS



ALOHA Collection Travel Bags

04



Living Libations Jet Set Travel Kit





REDMOND Re-Lyte Hydration Electrolyte Sticks

02



Avocado Organic Mini Pillow

05

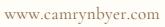


Solawave 4-in-1 Skincare Wand





Bamboo Neck Pillow For Airplane





Expandable Carry-On Hard Shell Suitcase

06



Boiron Jet Lag Relief Kit



Try The World Snack Box

## HOLIDAY GIFT GUIDE FOR THE TRAVELERS

## 0 1 ALOHA Collection Travel Bags

*This do-anything, go-anywhere bag will keep your stuff protected against splashes, spills, and weather while you go from point A to point B.* **<u>Get It Here</u>** 

### 0 2 Organic Mini Pillow

The perfect travel and accessory pillow! Soft and breathable and this Organic Mini Pillow is stuffed with renewable materials. **<u>Get It Here</u>** 

### 0 3 Expandable Carry-On Hard Shell Suitcase

*Ultra-light with a super sturdy polycarbonate shell, this carry-on packs it in with interior compression panels and a removable laundry bag for your dirty clothes.* **<u>Get It Here</u>** 

#### 0 4 Living Libations Jet Set Travel Kit

Living Libations Jet Set Kit is a must-have travel tote for anyone on the go – jet setters, adventure seekers, business travelers and family vacation! <u>Get It Here</u>

### 0 5 Solawave 4-in-1 Skincare Wand

Facial Massage for the ultimate at home spa facial. Reduce the appearance of wrinkles, fine lines and dark circles in as little as 5 minutes per day. <u>Get It Here</u>

## 06 Boiron Jet Lag Relief Kit

Temporarily relieves jet lag symptoms such as nausea, muscle pain or stiffness, and drowsiness. Get It Here

## 07 REDMOND Re-Lyte Hydration Electrolyte Sticks

*Through a blend of herbs, vitamins, electrolytes, and a balanced dose of caffeine from green tea extract, this refreshing drink mix is intentionally formulated to fuel natural energy.* **<u>Get It Here</u>** 

## 0.8 Bamboo Neck Pillow For Airplane

*Crafted with U-shaped memory foam, this adult neck pillow has cooling properties to keep you cool and dry through long-haul flights.* **<u>Get It Here</u>** 

## 09 Try The World Snack Box

*Experience exotic international snacks & treats from around the world and delivered to your doorstep every month.* **<u>Get It Here</u>** 

# NON-TOXIC STOCKING STUFFERS



Looking for non-toxic stocking stuffers that highlights unique and eco-friendly options? I've include categories like organic snacks, sustainable beauty products, and biodegradable gadgets, ensuring there's something for everyone on your list.

Camryn 🗱 Byer

## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 NON-TOXIC STOCKING STUFFERS



Bee's Wrap Plastic-Free Reusable Food Storage

## 04



Solely Organic Fruit Snacks





Rangi One Of A Kind Bracelet

02



Patch Eco-Friendly Bamboo Bandages

## 05

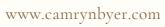


Watercolor Gardens Plantable Cards

## 08



Wheat Straw Compact Mirror





Maui Nui Venison Snacks



Eco-Friendly Makeup Brush Set



Living Libations Natural Perfume

## HOLIDAY GIFT GUIDE NON-TOXIC STOCKING STUFFERS

#### 0 1 Bee's Wrap Plastic-Free Reusable Food Storage

*America's #1 rated reusable beeswax wrap, Bee's Wrap is the trusted natural alternative to plastic wrap and bags. Made in the USA from organic cotton!* **<u>Get It Here</u>** 

### 0 2 Patch Kids Eco-Friendly Bamboo Bandages

*Strips are made from 100% natural bamboo fiber & mineral-based pressure sensitive adhesive that gently adheres to the skin. Hypoallergenic & free from plastic & irritating chemicals.* **<u>Get It Here</u>** 

### 03 Maui Nui Venison Snacks

Maui Nui Venison is sourced from Hawaii's Axis deer, harvested humanely and in the wild and combined with only a small handful of wholesome ingredients. **<u>Get It Here</u>** 

## 04 Solely Organic Fruit Snacks

Solely products are a convenient, healthy alternative to sugary snacks. They're fun to eat and filled with nothing but whole organic fruit. **<u>Get It Here</u>** 

## 0 5 Watercolor Gardens Plantable Cards

100% made in the USA, each of Cute Root's whimsical, plantable cards consists of handmade seeded paper from San Diego, California. <u>Get It Here</u>

### 0 6 Eco-Friendly Makeup Brush Set

*EcoTools believes in taking the guesswork out of sustainability by making high quality, eco-friendly products.* **<u>Get It Here</u>** 

### 07 Rangi One of a Kind Bracelet

*Each is handwoven to order out of high-quality Japanese glass beads, then finished with a 14kt gold-filled clasp.* **<u>Get It Here</u>** 

08 Bamboo Neck Pillow For Airplane

*Crafted with U-shaped memory foam, this adult neck pillow has cooling properties to keep you cool and dry through long-haul flights.* **<u>Get It Here</u>** 

0 9 Living Librions Natural Perfume Living Librions is a luxurious line of organic and pure renegade beauty products! <u>Get It Here</u>

#### www.camrynbyer.com

## GIFTS UNDER \$100 HOLIDAY GIFT GUIDE



A curated list of sustainable gifts under \$100 that are perfect for any occasion, highlighting unique items like beautiful kitchenware, organic skincare products, and stylish eco-friendly accessories.

Camryn 🗱 Byer

## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 GIFTS UNDER \$100



Bread Warmer + Basket With Tea Towel



Jhuri Double Hanging Basket





MASA Natural Tortilla Chips Flavor Bundle

02



Pacific Natural At Home

05



Ethical Oven Mitt + Hot Plate Set

08



Shower Steamer Discovery Set

www.camrynbyer.com



Primally Pure Non-Toxic Candle Trio

06



Organic Greek Olive Oil Bundle



The Beach People Paddle Bat & Ball Set

## HOLIDAY GIFT GUIDE NON-TOXIC STOCKING STUFFERS

#### 0 1 Bread Warmer + Basket With Tea Towel

America's #1 rated reusable beeswax wrap, Bee's Wrap is the trusted natural alternative to plastic wrap and bags. Made in the USA from organic cotton! <u>Get It Here</u>

#### 0 2 Pacific Natural At Home

Jenni Kayne's Pacific Natural At Home proves that the eternal California dream of living at one with nature, light, and organic materials has not only been aesthetically updated by today's tastemakers but has never looked better! <u>Get It Here</u>

### 03 Primally Pure NonToxic Candle Trio

*Infuse your space with clean-burning beeswax and organic essential oils. Try out this non-toxic candle collection made with a blend of beeswax + coconut.* **<u>Get It Here</u>** 

## 0 4 Jhuri Double Hanging Basket

*This classic hanging basket is made from simple, natural materials. It provides convenient and attractive household storage and is perfect for plants.* **<u>Get It Here</u>** 

## 0 5 Ethical Oven Mitt + Hot Plate Set

*Cleobella's handmade process allows us the pleasure of personally working with local artisans and small factories, creating jobs and sustainable incomes around the world.* **<u>Get It Here</u>** 

### 0 6 Organic Greek Olive Oil Bundle

*This delicious olive oil is a superior-quality heart-healthy staple for your kitchen. It is cold-pressed from 100% Koroneiki olives on the day of harvest.* **<u>Get It Here</u>** 

## 07 MASA Natural Tortilla Chips Flavor Bundle

*Classic tortilla chips handmade with the best natural ingredients money can buy: organic corn, grass fed tallow, and completely natural farm-based flavors.* **<u>Get It Here</u>** 

## 0.8 Shower Steamer Discovery Set

*These all-natural shower steamer tablets are vapor and water-activated, releasing refreshing essential oils and minerals into the stream.* **<u>Get It Here</u>** 

## 09 The Beach People Paddle Bat & Ball Set

*The ultimate accessory for the beach, the backyard and beyond. Canadian Maple Paddle and Ball Set will provide endless hours of family fun.* **<u>Get It Here</u>** 

## GIFTS UNDER \$50 HOLIDAY GIFT GUIDE



Affordable eco-friendly options under \$50 for everyone on your list. Check out this variety of unique and budget-friendly gifts that promote sustainability, showcasing items that not only bring joy but also contribute to a healthier environment.



## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 GIFTS UNDER \$50





Renegade Beauty by Nadine Artemis





Farm Rio Banana Foliage Water Bottle



Ryze Mushroom Chai



Natural Net Market Tote Bag



02



Wooden Pasta Kids Playset

08



Pour-Over Coffee Maker With Wood Collar



Primally Pure Nephrite Ridged Roller

06



Chef'n S'mores Roaster



Recyclable Battery Multi-Pack

## HOLIDAY GIFT GUIDE GIFTS UNDER \$50

#### 0 1 Renegade Beauty by Nadine Artemis

*In this essential guide, Nadine Artemis introduces readers to the concept of renegade beauty - the art of doing less and allowing the elements and the life force of nature to revive the body. Get It Here* 

## 02 Natural Net Market Tote Bag

*This oversized Seagrass Net Market Tote is a zero waste carry along for trips to the shops and the market.* **<u>Get It Here</u>** 

## 0 3 Primally Pure Nephrite Ridged Roller

*Create healthy skin holistically by stimulating lymphatic drainage, detoxifying skin tissues and boosting blood flow to feed the skin from within.* **<u>Get It Here</u>** 

## 04 Farm Rio Banana Foliage Water Bottle

Shine bright with the FARM Rio Gifts Capsule - vibrant presents to celebrate the people you love. Get It Here

## 0 5 Wooden Pasta Kids Playset

With toy pasta ranging from tagliatelle to ravioli, this adorable playset gives little gourmands the chance to noodle around. **<u>Get It Here</u>** 

## 06 Chef'n S'mores Roaster

The cutest campfire ever, no camping required. Boasting serious Scandinavian style, this petite s'mores roaster elevates a white ceramic dome upon a wooden base that evokes crossed logs. <u>**Get It Here**</u>

## 07 Ryze Mushroom Chai

A sweet, superfood blend to jumpstart your day! Savor the flavor of delicious chai while also giving your body and mind a boost. <u>Get It Here</u>

## 08 Pour-Over Coffee Maker With Wood Collar

*Get back to coffee-brewing basics with the Chemex classic and simple engineering in wood and glass This produces pure drip coffee with less bitterness.* **<u>Get It Here</u>** 

## 09 Recyclable Battery Multi-Pack

Better Battery Co. batteries are certified carbon neutral and are delivered right to your door. The box is designed to keep the batteries organized, and comes equipped with enough AA, AAA and 9Vs **<u>Get It Here</u>** 

## GIFTS UNDER \$25 HOLIDAY GIFT GUIDE



Unique and thoughtful sustainable holiday gifts under \$20 that promote eco-conscious living. I highlighted items like reusable produce bags, bamboo utensils, and seed paper greeting cards, emphasizing their practicality and positive environmental impact.



## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 GIFTS UNDER \$25



## HOLIDAY GIFT GUIDE GIFTS UNDER \$25

### 0 1 Klio Greek Fir Honey - Sparta, Mt. Taygetos

*Mt.* Taygetus is the highest peak on the Peloponnesus. This limited-supply honey is pure and unprocessed: raw and unpasteurized, never heated, minimally handled. <u>**Get It Here**</u>

## 02 Acacia Wood Olive Boat

Long, slim and gently curved, this oval bowl is the perfect size for a spill of olives, snacks or candies. <u>Get It Here</u>

### 03 Organic Greek Lemon Verbena

*This Lemon Verbena contains high amounts of the phytonutrient Luteolin; twice the amount found in a serving of artichokes.* **<u>Get It Here</u>** 

#### 0 4 Marble Incense Holder

*This two-part incense holder showcases the fascinating complexity of dark brown Emperador marble.* **<u>Get It Here</u>** 

### 0 5 Coyuchi Organic Mediterranean Guest Towel

*Lighten the load when drying off at home and away with statement-making style and fast-drying innovation.* **<u>Get It Here</u>** 

#### 0 6 Plastic Free Pursuit Reusable Ear Cleaner

Zero waste, ecological, wood & wire ear cleaner, designed to replace disposable cotton swabs, which are tremendously damaging to the environment. **<u>Get It Here</u>** 

## 07 Sarah's Holiday Play Silks

*These 35-inch square pure silk scarves will nourish children's senses and encourage hours of open-ended play.* **<u>Get It Here</u>** 

## 08 Organic Bamboo Facial Rounds

Washable bamboo fleece rounds are a fantastic eco-friendly replacement.Perfect for removing make-up, applying toner, to wash and exfoliate the face. <u>Get It Here</u>

### 09 Aloha CollectionCrew Socks

Add a touch of the good life to your sock game with these exclusive ALOHA Crew Socks! Get It Here

## FOR THE PETS HOLIDAY GIFT GUIDE



I've created a list of sustainable holiday gifts for pets, such as organic cotton toys, biodegradable waste bags, and hemp collars. Shop this selection for *eco-friendly* and *sustainable* items for your furry friends!



## SUSTAINABLE HOLIDAY GIFT GUIDE 2024 FOR THE PETS

*01* 



Dorai Stone Dog Bowl And Mat

04



Lola Hemp CBD Oil for Dogs

07



Hemp Corduroy 6 Ft. Standard Leash

02



Koala Eco Natural Dog Wash

05



Compostable Poop Bags For Pets

08



ECO-FETCHER

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Orthopedic Pet Bed

06



Organic Cotton Dog Rope Toy



Bamboo Groom Rotating Pin Comb

## HOLIDAY GIFT GUIDE FOR THE PETS

## 0 1 Dorai Stone Dog Bowl And Mat

*Keep your floors clean with the Dorai Home Absorbent Dog Bowl Mat. Non-slip, quick-drying, and perfect for preventing spills and messes.* **<u>Get It Here</u>** 

## 02 Koala Eco Natural Dog Wash

*This is a nourishing, plant-based, hypoallergenic formula that combines the woody, herbal scent of sweet marjoram with the lemon-lavender aroma of rosalina.* **<u>Get It Here</u>** 

## 03 Orthopedic Pet Bed

*An extra comfortable and supportive orthopedic pet bed for our furry loved ones. Machine washable, easy to care for and available in just the right size for your pet.* **<u>Get It Here</u>** 

## 0 4 Lola Hemp CBD Oil for Dogs

*Lola Hemp oil is formulated with two simple, pet-safe ingredients that yield powerful results. We let nature do the work, and dogs can tell the difference.* **<u>Get It Here</u>** 

## 0 5 Compostable Poop Bags For Pets

Made without toxic chemicals like BPA or PFOA, our bags are not only strong but also easy on the planet, minimizing your environmental impact. **<u>Get It Here</u>** 

## 0 6 Organic Cotton Dog Rope Toy

Made from 100% organic cotton, this rope toy has a 1" thickness for larger mouths, plus 3 durable knots for tugging and chewing. **<u>Get It Here</u>** 

## 07 Hemp Corduroy 6 Ft. Standard Leash

The Good Dog Company's 6 Ft. Corduroy hemp dog leash feels great in your hands. There's no need to worry about colors fading either, because this leash is color-fast. <u>Get It Here</u>

## 08 ECO-FETCHER

Made from 100% natural hemp canvas, this high-flying disc is not only extremely durable but also naturally antibacterial and antimicrobial. **<u>Get It Here</u>** 

## 0 9 Bamboo Groom Rotating Pin Comb

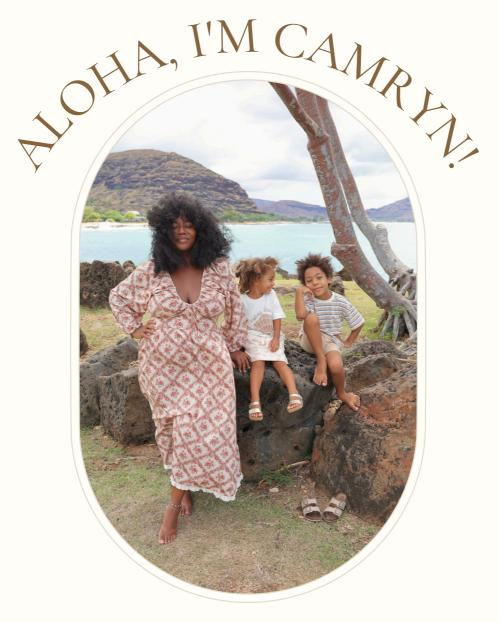
This bamboo groom rotating pin comb is perfect for detangling long, curly and coarse fur gently and easily, while also removing dirt, debris, and loose hair. <u>Get It Here</u>



# SUSTAINABLE GIFT GUIDE 2024 MY PARTNER DISCOUNT CODES & LINKS



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A nutritionist and wellness mama here in Hawai'i. Advocate for *slow* and *sustainable* living. I hope you enjoyed my picks for this year's holiday gift guide. You can find me over on my website *www.camrynbyer.com* or social media @*camrynbyer* 

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